

Cornwall Healthy Schools Award

Broad Criteria

Criterion One

Strategic Planning of Health Education

There should be evidence that the whole school is actively involved in understanding and supporting the concept of a health promoting school

- **Health Education identified in School Improvement Plan. Policy consultation with teachers, governors, parents and pupils.**
- **Promotion of agreed values and attitudes it wishes to promote.**
- **Establish health links with other schools. Local and national health issues integrated into the life of the school.**

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Criterion Two

Curriculum and Policies

Should be a named co-ordinator with recognised responsibility for a planned developmental Health Education programme.

- **A range of policies to support health promotion within the curriculum.**
- **On going support and training for staff, parents and governors.**
- **Framework for monitoring and evaluating schemes of work.**

Criterion Three

Sex and Relationships Education

Development of a whole school approach to sex education which supports and informs pupils

- **Sex education policy established by governors in consultation with staff and parents, and in line with national guidelines.**
- **Programmes of sex education suited to pupils' age and maturity which help to develop their understanding of the physical and emotional aspects of sexual relationships; the ability to communicate appropriately and an awareness of moral dimensions.**
- **Development of staff and governor knowledge of legal requirements and pupils entitlement.**
- **Links with external agencies to support practice.**

Criterion Four

Substance Use and Misuse

Development of informed approach to drug misuse supported by whole school community

- **Drug education policy established by governors, in consultation with staff and parents, in line with national guidelines which demonstrates a clear set of procedures for dealing with incidents; an awareness of local and national strategies and addresses the needs of the whole school community.**
- **Guidelines as to when, where and what drug education (including smoking and alcohol) is taught throughout the school, including the requirements of the formal curriculum.**
- **Training and awareness raising opportunities for parents, staff and governors.**
- **Framework for monitoring and evaluation.**
- **Liaison with appropriate external agencies in the community to support practice.**

Criterion Five

Emotional Health and Well-being

School ethos based on the promotion of mutual respect and understanding

- **A range of policies which emphasise respect for others.**
- **Opportunities for pupils to discuss within PSHE a range of emotional issues.**
- **A welcoming environment for pupils, teachers and visitors.**
- **Promotion of staff health and well-being.**
- **Opportunities for pupils to take practical responsibilities and involve themselves in decision-making.**
- **Staff have access to training on the content and process for PSHE and relationships education.**

Criterion Six

Food and Eating

Whole school approach to food and nutrition which promotes the importance of healthy eating

- **Education about nutrition, food handling and hygiene.**
- **Promotion of agreed values and attitudes it wishes to promote.**
- **Education about the importance of oral health.**

Criterion Seven

Health Related Exercise

Promotion and support of physical activity co-ordinated across the school

- **Meet at least minimum statutory curriculum requirements.**
- **Promotion of extra-curricular activities involving physical activity.**
- **Liaison with external agencies.**
- **Involvement of parents in the policy planning and support of pupils.**
- **Work towards appropriate nationally recognised awards for physical activity.**

Criterion Eight

Safety

Establishment of a secure and safe environment and the promotion of safe practice within and beyond the curriculum

- **Demonstrate provision of a safe environment and safe practices.**
- **Compliance with statutory requirements as regards Health and Safety.**
- **Teaching about safety issues, including appropriate ways of responding to accidents and emergencies.**
- **Clear policy on support of pupils with medical needs.**
- **Develop measures to encourage safe alternatives to the car for travelling to school, including walking and cycling.**

